

Guide to delivering the Junior Award Scheme for Schools

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Junior Award Scheme for Schools (JASS)

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JASS Overview

The JASS award was launched in 2010 and in 2016/17 over 11,500 participants took part in JASS. As well as motivating young people and acknowledging wider achievement it is an excellent tool to evidence wider learning, cross curricular links and pupil profiling.

The Junior Award Scheme for Schools (JASS) is a progressive learning programme for young people which has been designed to support the transition from primary to secondary school whilst recognising wider achievement.

JASS develops the whole individual by offering recognition in four key areas – regular physical activity (**Get Active, Stay Active**), exploring a personal interest (**My Interests**), working for the good of the community or the environment (**Me and My World**) and completing an outdoor activity or challenge (**Adventure**).

It is aligned with the objectives of the Curriculum for Excellence and designed so that participants can progress through the levels, with increasing commitment, learning and challenge.

Completing an Award

JASS is a time based award, encouraging participants to spend a set amount of time developing a skill, researching a topic or taking part in an activity. JASS should not be a 'tick box' exercise where existing activities or skills can be used without further development.

	My Interests	Get Active, Stay Active	Me and My World	Adventure
White	2 hours over a school term	2 hours over a school term	2 hours over a school term	1 hour
Yellow	3 hours over a school term	3 hours over a school term	3 hours over a school term	2 hours
Red	4 hours over a school term	4 hours over a school term	4 hours over a school term	2 hours
Green	5 hours over a school term	5 hours over a school term	5 hours over a school term	3 hours
Blue	6 hours over a school term	6 hours over a school term	6 hours over a school term	4 hours
Bronze	8 hours over a school term	8 hours over a school term	8 hours over a school term	4 hours
Silver	12 hours over a school term	12 hours over a school term	12 hours over a school term	5 hours
Gold	18 hours over two school terms	18 hours over two school terms	18 hours over two school terms	8 hours

Participation times shown are the minimum requirements and they can be completed over one or more terms. Sections can be run concurrently or over different terms.

In order for the young person to achieve an award, they must complete all four sections. Sectional certificates that can be awarded on completion of the individual sections are included in the pack. The sectional certificates are a good way of acknowledging and motivating the participant.

What sort of activities can be used?

JASS activities are designed to introduce young people to new interests and activities or improve and develop existing ones.

By setting a target the young person is encouraged to apply themselves to achieve. For example a strong competent swimmer may challenge him or herself to swim 100 lengths or learn life-saving skills, whereas a non-swimmer may challenge him or herself to swim into the deep end of the pool and back again.

Me and my World

The intention of this section is to encourage young people to develop a passion for helping in their community. It is intended that they will active a sense of belonging and purpose in this section. Team work will be developed within their own team and also with agencies that they might be working with.

Examples include:

- Community litter pick
- Inviting local community group for the elderly to the school for afternoon tea and a concert
- Fundraising to support local, national or international charities e.g. sponsored walk, cake and candy sale, bag packing, collecting used mobile phones to be traded in.
- Community gardening project
- Building bird boxes for the community
- Volunteering with a charity e.g. SSPCA, Riding for the Disabled, Help the Aged

Get Active, Stay Active

The aim of this section is to encourage young people to get involved in a sport or physical activity. This section must be done in addition to core PE classes.

Examples include:

- Walk or cycle to school
- Take part in after schools activities e.g. Games clubs, sporting clubs etc.
- Take part in an activity out with school e.g. Football, dancing, skateboarding, swimming, horse riding, walking your dog etc.

My Interests

This section is intended to encourage participants to try and new hobby or pastime, or to be accredited for something that they are already doing. The benefits include developing a new talent as well as improving and existing one, improving self-confidence, organising their time and learning how to set and achieve goals.

Examples include:

- Do a project on the history of your favourite team.
- Baking and cake decoration
- Origami
- Pet care
- Drama / dance
- Playing a musical instrument

Adventure

The intention of the Adventure Section is to take groups of participants out of their 'comfort zone' to work as part of a team. This section is meant for outdoor activity, which should be a vehicle for personal and social development.

Examples include:

- Orienteering / Hill climbing
- Cycling
- Environmental outing

All targets and objective should be SMART:

- **Specific** - clearly defined and understood
- **Measurable** – can produce evidence of achievement
- **Attainable** – stretching but within an individual's abilities
- **Relevant** – something which interests the student
- **Timebound** – can be achieved within the time available for the programme

Record keeping

The participant's record sheets are key to evaluating the achievement of the individual and the impact of the programme. Each participant should record the following:

- Planning / targets
- Activities
- Participants notes, reflections and self-evaluation
- Photographs, drawings, graphs and charts.
- Mentors comments

These can be stored using the following methods:

1. JASS Achievement File

If participants are using the hard copy of JASS they will receive the following:

- A4 ring binder with four sectional dividers
- Personal details/reflective summary of achievement page
- Four sectional pages complete with requirements for that section.

2. eJASS

eJASS replaces the hard copy folder as a way of storing evidence, utilising a web-based software developed specifically for JASS. Participants still receive a hard copy certificate and badge upon completion of the award. eJASS enables mentors to view all participants records in one place, whilst also allowing for easy transfer between award levels or different schools.

Additional Resources

1. The JASS Team

We are here to offer guidance and assistance with all aspects of JASS, from initial training through to delivery and presenting awards. This could be an organised CPD event for a larger group, through to a video conference or email and phone support for quick queries.

2. Website

Our website is being regularly updated with resources to ensure the smooth running of your JASS programme. If there are any additional resources that would be of benefit then please contact us and we will look to include it for you.

Contact Us

We are constantly looking to develop both the JASS and e-Jass award, and welcome your suggestions and feedback. Customer satisfaction is of paramount importance to us, please contact us at the following with further input.

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